



## Newcastle All Breeds Dog Training Club

play • learn • bond

### CHIEF INSTRUCTORS MESSAGE

#### PROMOTIONS

For our newer members I would like to explain the Promotions System which we have in place to test you and your dog to see if they are ready to go up the next training level.

- **Yellow Class** is automatically promoted to Lower Green Class on the first Sunday next month after spending four weeks in Yellow. A Green dot to signify Lower Green Class will be given to Yellow Class handlers on the last day of the month.
- **Lower Green Class** is promoted to Upper Green Class automatically on the first Sunday of the month. Green Stars will be supplied to you on the last Sunday of the month.

From then on, you and your dog will have to pass a Promotions Exam to go to the next level of training. Promotions Day is held on the last Sunday of each month for Upper Green, Lower Red, Upper Red and Blue Classes.

## Corner Post April 2022

Below is a list of Promotions exercises that you need to Pass before being promoted.

If you have any questions, please come and see me.

#### PROMOTIONS

##### UPPER GREEN TO LOWER RED CLASS

###### EXERCISES:

- HEELING on Lead - with sits, stands down, turns, 3 paces.
- STAND STAY - length of lead. INSTRUCTOR to walk among the dogs.
- RECALL - ON LEAD. Do not include the Finish Exercise.
- SIT STAY - LENGTH OF LEAD - Up to 1 minute.
- DOWN STAY - LENGTH OF LEAD - Up to 1 minute.

##### LOWER RED CLASS TO UPPER RED CLASS

###### EXERCISES:

- HEEL ON LEAD - with sits, stands & downs - all turns.
- STAND FOR EXAMINATION - length of lead.
- RECALL & FINISH - with hand signals - lead on ground in front of dog.
- SIT STAY - lead on ground out in front of dog - 1 Minute.
- DOWN STAY - lead on ground out in front of dog - 1 Minute.

##### UPPER RED CLASS TO BLUE CLASS

###### EXERCISES:

- HEELING ON LEAD with automatic sits, stands & downs - 3 paces - all turns
- STAND FOR EXAMINATION - light examination only.
- HEELING OFF LEAD - automatic sits, stands & downs - 3 paces - all turns.

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- **RECALL & FINISH** - off lead - 5 metres distance - do individually.



- **CHANGE OF POSITION** - end of lead - drop dog from stand then return.
- **SIT STAY** - off lead - 5 metres away - 1 minute
- **DOWN STAY** - off lead - 5 metres away - 2 minutes

## BLUE CLASS TO ADVANCED TRAINING CLASS

### EXERCISES:

- **HEEL OFF LEAD** - automatic sits, stand, down & all turns - 3 paces.
- **STAND FREE FOR EXAMINATION** - 2 metres
- **RECALL & FINISH** - 10 metres
- **RETRIEVE DUMBBELL ON THE FLAT** - 3 metres
  - For retrieve - dumbbell or similar item. Not squeaky toy or ball.
- **CHANGE OF POSITION** - drop dog from in front from Stand position - 2 metres away & return
- **SIT STAY** - 10 metres away - 1 minute.
- **DOWN STAY** - 10 metres away - 3 minutes.

## SAFETY CONCERNS

Would handlers please ensure that their children do not approach dogs that are tethered to pegs. This is a very dangerous practice because the dog considers this area 'theirs' and will most probably guard it.

Similarly, handlers should also not approach dogs tethered to pegs with their dog otherwise a fight is likely to start.

"Mental exercise tires  
a dog physically more  
than physical exercise  
does"

- Dr Ian Dunbar

## APPROACHING OTHER DOGS WITH YOUR DOG.

We see handlers introducing their dog to other handler's dogs and letting them play, which is mostly OK but only for a few seconds as this can develop into a fight. So please be careful and you should also ask permission of the other handler before introducing your dog to the other dog. Also, children should not approach your dog and pat or cuddle it without your permission.

Dogs should be kept on-lead and under control at all times.

The only time your dog is allowed off-lead is in the senior classes under the express supervision of an instructor.

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Triallers training in the pipe rings are also excepted while working in the ring, but their dogs should be taken to and from the ring on-lead.

*RUSSELL WHITTON*

## ANNOUNCEMENTS

### TRIALS – OBEDIENCE and RALLY-O

The NABDTC Obedience and Rally-O is scheduled for 28<sup>th</sup> and 29<sup>th</sup> May 2022. For more details, please see the back page – entries close 11<sup>th</sup> May 2022.

**We love to have club members as volunteers at our trials. It's a great way to see dogs and handlers in action, understand dog sports and ask questions. Plus, there is a free lunch! Ask at the clubhouse.**

### CANTEEN NOW OPEN

With our canteen now operating, tea, coffee and soft drinks are available and much more including pies, sausage rolls.

### GROUND FEES

You can now pay your ground fees (\$4) at the window of the club house building (follow the signs) and collect your tickets for class

### MEMBERSHIP RENEWALS

If you do not have a GREEN name badge, your membership is due for renewal.

- Complete your renewal form (copies available at the club house)
- (Don't forget to include your membership number – on the back of your badge)
- Include a COPY of your dogs CURRENT vaccination certificate
- Include payment (CASH ONLY)
- Leave it with the registrar
- Collect your new name badges the following Sunday.

- Registration Renewals accepted until 26th June 2022
- **You will need to be wearing a GREEN name badge to attend classes from 3rd July 2022**

## PROMOTIONS 2021

### NOVEMBER 2021

#### UPPER GREEN TO LOWER RED CLASS

Sarah Murray & Breena  
Helina Kaczor & Archie  
Lisa Waters & Posie  
Vince Blanch & Georgie  
Dave Drurie & Newton

#### LOWER RED TO UPPER RED CLASS

No one was promoted

#### UPPER RED TO BLUE CLASS

Paul Neasham & Peaches  
Patricia Robinson & Orla

#### BLUE TO ADVANCED CLASS

Kate Maher & Ronan

## PROMOTIONS 2022

### JANUARY 2022

#### UPPER GREEN TO LOWER RED CLASS

Tony Blanch & Zen  
Geoff Robinson & Nyxie  
Phillip Kennedy & Max

#### LOWER RED TO UPPER RED CLASS

Nerida Regent & Mac  
Adrianne Miles & Smokey

#### UPPER RED TO BLUE CLASS

No one promoted

#### BLUE TO ADVANCED CLASS

Greg Roder & Meni  
Bruce Rowland & Phoebe  
Jane Carpenter & Henry

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## CALENDAR

### March - June 2022

3929 Kitty & Kyra

#### FEBRUARY 2022

##### UPPER GREEN TO LOWER RED CLASS

Abby Harvison & Skyler

Paul Mccarron & Spike

Sarah Lute & Luka

Linda Anslow & Stella

##### LOWER RED TO UPPER RED CLASS

Geoffrey Robinson & Nyxye

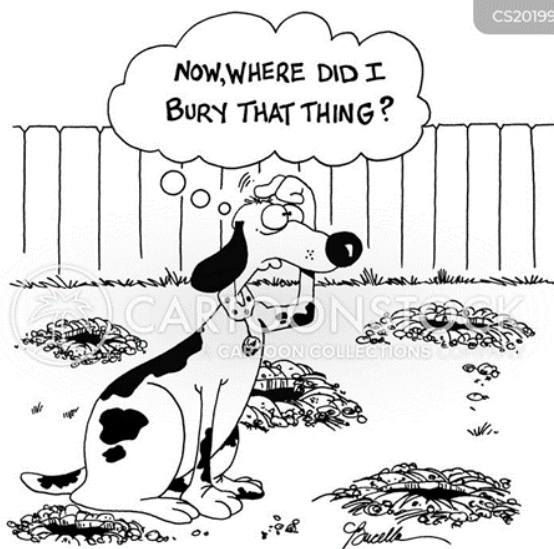
Sarah Murray & Brenna

##### UPPER RED TO BLUE CLASS

Kelly Manning & Twitch

Nerida Regent & Mac

**Congratulations and well done to all dogs and their handlers**



**Bone Loss In Dogs**

APRIL 2022	
Sun 3rd	Beginners start
Sun 10th	Committee meeting
Sun 17th	<b>EASTER – NO TRAINING</b>
Sun 24th	Promotions Instructors meeting 11.15am Clubhouse
MAY 2022	
Sun 1st	Beginners start
Sun 8th	Handlers Day LR, URed, Blue Committee meeting
Sun 15th	Handlers Day MT, Y, LG & UG
Sun 22nd	Promotions Presentations between sessions 1 & 2 Chief Instructors & Assistants meeting 11.15am Clubhouse
Sun 29th	<b>OBEDIENCE TRIALS</b> No training
JUNE 2022	
Sun 5th	Beginners
Sun 19th	Instructors meeting 11.15am
Sun 26th	Promotions
JULY 2022	
Sun 3rd	Beginners start
Sun 10 <sup>th</sup>	Handlers Day LR, UR & B
Sun 17 <sup>th</sup>	Handlers Day Y, MT, LG & UG Chief Instructor & assistants meeting 11.15am
Sun 24 <sup>th</sup>	Promotion Presentations between Session 1 & 2
31 <sup>st</sup>	Promotions
Sat/ Sun	<b>AGILITY TRIALS</b> 13 <sup>th</sup> & 14 <sup>th</sup> August
BOARD DUTIES	
March	Tracy
April	Libby
May	Lynda
June	Catherine
July	Sandra

## Corner Post April 2022

*An interesting article from the Northern Suburbs Dog Training Club (Sydney) – see the link <https://www.nsdogtraining.org.au/canine-nutrition/>*

### CANINE NUTRITION

By Gael Goldsack. Dip. Med. Tech., C. Biol. MIBiol.

Dogs, like their ancestor, the wolf, are classified as carnivores. Wild dogs are traditionally hunters, scavengers, opportunists and omnivores rather than true carnivores as their classification suggests. They are hunters, meaning they hunt and kill small game such as small mammals or birds. They are also scavengers that eat carrion and opportunists meaning they eat some vegetable matter such as berries.

When the dogs dine on their catch or find, they will devour the whole animal including the skin, bone, hair feathers and the contents of the animal's gut. Dogs can easily digest the flesh and bones of their prey and the partly digested stomach contents. Dogs also eat fruits and other vegetable matter, but are unable to digest the cellulose plant fibres as their short gut is used to digestion of meat.

Domesticated dogs have the same short gut as their wild ancestors; therefore their diet should be similar. They need a high quality protein source, some fat, bone and roughage.

For normal growth and maintenance of condition all dogs require a balanced diet of the following elements:

**Protein** – obtained from lean meat, fish, eggs, cottage cheese, etc. Good quality protein should form 25% of a balanced canine diet. A dog's ability to digest protein is variable. Protein from fresh (uncooked) meat sources is 90-95% digestible, whereas protein from vegetable sources is only 60-80% digestible. Protein is required to build body tissues. A deficiency will result in muscle wastage.

**Carbohydrates** – obtained from raw vegetables, grains, etc. Dogs require glucose, which is derived from the digestion of more complex

carbohydrates. The glucose supplies energy for body function. A glucose deficiency may result in dull unresponsive dogs and may lead to mental unsoundness.

**Fats** (more specifically, omega 3 and omega 6 fatty acids) – obtained from pork or chicken fat, raw egg yolks and some vegetable oils. Fats should comprise 5-20% of balanced diet. They are efficiently digested in dogs. Fats are required for healthy skin and coat growth so a fatty acid deficiency may result in dry itchy skin and coarse hair.

**Minerals** – obtained from raw bones. Never feed cooked bones! There are two mineral groups required by dogs: the "Macro" minerals, such as calcium, phosphorus, sodium, potassium and magnesium, are required in milligram quantities in a balanced diet and the "Micro" minerals, such as iron, copper, zinc, manganese and iodine, are required in microgram quantities in a balanced diet. Minerals are required for healthy bone growth so a mineral deficiency may result in poor or deformed bone growth.

Of all the minerals, calcium and phosphorus are the most important to dogs. A calcium to phosphorus ratio of 1.2 – 1.4 to 1 by weight is required in a balanced canine diet. The presence of vitamin D is required to facilitate calcium and phosphorus absorption. If the calcium to phosphorus ratio is correct, but there is no vitamin D in the diet, a calcium and phosphorus deficiency develops. If vitamin D is fed in excess, not only are the calcium and phosphorus absorbed from the diet into the blood stream but also from the bones. The calcium is then deposited elsewhere, in organs such as in the kidneys, with sometimes fatal results. An all meat diet is very low in calcium (raw meat contains 2.6% phosphorus) giving a calcium to phosphorus ratio of 1:20

**Vitamins** – Dogs require thirteen major vitamins; the best known are vitamins A, D, E, K, B1, B2, B6, and B12.

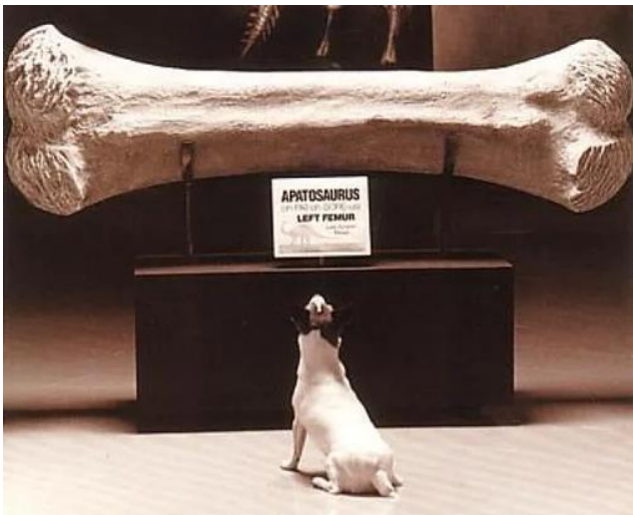


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**Fibre** is obtained from vegetable pulp, grains, etc. As in humans, dogs require some fibre in their diets to ensure a healthy digestive system.

**Water** – Over 90% of a dog's body mass is water. Fresh water should be available to your dog at all times.

A balanced diet of the above elements should be fed to ensure good health, growth and reproduction. A balanced diet is one that contains the above elements in the correct proportions.



An unbalanced diet may lead to health problems including obesity, diseases of the gums and the inability to breed and reproduce.

Dog food manufacturers go to extraordinary lengths to formulate, manufacture and market their products. Complete dog foods, such as those available in dry, semi-moist and canned varieties, have been formulated by the pet food industry to provide a balanced diet for your dog. A commercial diet will suffice, that is your dog will theoretically receive the correct nutrition, but may suffer from diseases of the teeth and gums (such as periodontal disease), skin diseases, obesity or reproductive problems without supplementation with additional fresh food.

Complete dry dog food contains approximately 10% water, an excess of cereal products, may be deficient in essential fatty acids and could contain low quality protein. Dogs fed on an exclusively dry diet may be prone to skin diseases.

Semi-moist dog food contains 30% approximately water and may be high in carbohydrates. Dogs fed on an exclusively semi-moist diet may be prone to obesity.

Canned dog food contains 80% approximately water. It contains less cereal and more animal tissue than dry food, but may contain a high proportion of vegetable protein (usually soy – an allergen in some dogs). It is on the whole more digestible than dry food. Dogs fed on an exclusively canned diet may be prone to diseases of the gums, bad breath, etc.

All commercial dog foods are high in soluble carbohydrates and salt. This may lead to heart disease or tartar formation and subsequent periodontal disease.

### So, what are the alternatives?

The home made “stew” is a poor replacement for a commercial diet. It generally contains cooked meat, vegetables and grains. That is similar ingredients to commercial dog foods, and consequently may cause similar problems.

An all meat diet is high in protein and consequently high in phosphorus and low in calcium, iodine, copper, vitamins A and E.

Table scraps usually lack protein, are high in carbohydrate and fat and may contain cooked bones.

**BARF diets** are becoming increasingly popular amongst Australian dog owners. BARF stands for Bones And Raw Food or Biologically Appropriate Raw Food. Two notable examples of these diets are those advocated by Billinghurst and Pitcairn. They are based on the theory that 40 years ago, when commercial dog food was not available, most pet dogs were fed on fresh bones and leftovers. Consequently, most dogs were healthy, with no growth or reproductive problems, few skin diseases and very little arthritis or cancer.

Dr Ian Billinghurst is an Australian veterinary surgeon who has written several books on the subject. The Billinghurst Diet is based on raw

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meaty bones that comprise 60% of the dog's diet. He says that dogs should be fed on as wide a variety of food as possible – bones, meat, vegetables, fruits, dairy products, eggs, seafood, grains, pulses, brewers yeast, kelp powder, etc. It is important to balance the dog's diet over many meals, not every meal.



While there may be reasons for cooking some food; to kill germs and the toxins they produce, to kill parasites, to enable storage and transport etc., the emphasis is on raw food as cooking destroys vitamins, enzymes, and anti-oxidants and reduces protein availability.

Basically, these BARF diets make available all the elements required for good nutrition. To make some elements, such as those available in fresh vegetables and fruit, available to the dog the vegetables must be pulverised (in a blender), as dogs are unable to digest cellulose. Fruit should be fed very ripe, but not rotten.

It is important when feeding your dog that he doesn't get overweight. Regardless of what diet you feed your dog or puppy, you should let his waistline be the guide. You won't be able to easily feel the ribs on a fat dog or puppy and he will not have a "waistline". Obesity in dogs, as in humans, can lead to heart disease and other health problems.

There is much discussion on the best feeding regime for puppies and dogs. Generally, puppies from 8 to 16 weeks of age need 3 meals per day. This can be dropped to two meals per day until he reaches 9 months of age, then one meal per day. You may want to continue with two meals per day for the rest of your dog's life, especially if it is a large deep-chested breed that may be prone to bloat.

Bloat is a life-threatening condition in some breeds (eg Dobermans, Weimaraner's, Great Danes, Rottweilers, most of the large sighthounds etc.) where the stomach fills with gas. If not treated immediately, the stomach may torsion and the dog will quickly go into shock and die. Dogs prone to bloat should be fed two smaller meals each day instead of one large one and not exercised for at least an hour before or after eating.

	CLUB CONTACT DETAILS
	President - Geoff Williams
	Chief Instructor Russell Whitton 4945 0763
	Committee meeting - 2nd Sunday of the month after training @ approx 11.15am
Email	<a href="mailto:newcastledogtraining@gmail.com">newcastledogtraining@gmail.com</a> Secretary
	<a href="mailto:nabdtc.cornerpost@gmail.com">nabdtc.cornerpost@gmail.com</a> Publicity Officer
Postal	PO Box 86 Charlestown, 2290
Mobile	0490 800 953 0491 114 821
	<a href="https://newcastledogtrainingclub.com.au">https://newcastledogtrainingclub.com.au</a>
	Newcastle All Breeds Dog Training Club
	<a href="https://twitter.com/newdogorg">https://twitter.com/newdogorg</a>

**Entries Close: 11 May 2022**

## **NEWCASTLE ALL BREEDS DOG TRAINING CLUB INC WINTER 2022 DOUBLE OBEDIENCE, RALLY & RATG TRIAL**

CNCC SHOWGROUND, 80 HILLSBOROUGH RD, HILLSBOROUGH

**SATURDAY 28 &  
SUNDAY 29 MAY 2022**

Classes to be judged: Obed: CCD, Novice, Open, UD, UDX,  
RATG Novice & Open. Rally: Novice, Advanced, Excellent, Masters

Entries to: [www.easydogs.com.au](http://www.easydogs.com.au) or

Post to: Ms A Menil, 15 Kirkloch Close, Wallsend 2287

Extreme Weather Ph: 0425 302 989 or Facebook page

[www.facebook.com/pages/Newcastle-All-Breeds-Dog-Training-Club](https://www.facebook.com/pages/Newcastle-All-Breeds-Dog-Training-Club)

Cheques made payable to: Nole All Breeds Dog Training Club Inc

### **JUDGES**

Ms T Geary (NSW)

*Sat AM* CCD, *Sat PM* Rally Novice

Ms D Hollett (NSW)

*Sat AM* CD, *Sat PM* Rally Masters

Ms M Choice (NSW)

*Sat PM* Rally Excellent, *Sun* UDX

Mr P Connoley (NSW)

*Sat AM* UD, *Sat PM* Rally Advanced,  
*Sun* CD

Mr K Charnock (NSW)

*Sat AM* UDX, *Sun* UD

Mrs V Harris (NSW)

*Sat AM* Open, *Sun* RATG Novice & Open

Mrs S Hutchins (NSW)

*Sun* Open

Mr D Turley (NSW)

*Sun* CCD

Order of Judging: As per catalogue

Judging Commences: *Sat AM* & *Sun* 9.00am *Sat PM* not before 12.30pm

DOGS NSW Representative: Mrs K Tucker

Vetting Time: *Sat AM* & *Sun* 8.00am - 8.45am, *Sat PM* 11.45 - 12.15pm

Vetting Officer: Club Committee Member

Entry Fees: \$15.00 per entry.

Entry fees can be deposited direct to Newcastle All Breeds Dog Training Club. BSB: 062804 Account No: 10026085. Reference OE "surname" include copy of receipt with entry

Catalogues: \$4.00 for whole trial or from Club website [www.newdog.org](http://www.newdog.org)

Refreshments: Great Canteen

Camping: \$7.50 per night per person. Paid to Secretary on day of trial

The Club reserves the right to appoint or substitute judges if necessary

Please include dog's height for Open, UD & Rally Adv/Exc classes

Please include dog's titles on your entry

Bitches in oestrus may not be trialled

Competitor numbers will be available to be picked up at trial

Trial updates posted on website [www.newcastledogtraining.com.au](http://www.newcastledogtraining.com.au) & Facebook

COVID compliance as per NSW Health



### **PRIZES**

1st 2nd & 3rd: Cash & Sash,

Qualifying: Sash, Title Gained: Sash